

# NEWSLETTER

## June 2025 HIGHLIGHTS

Your Monthly Dose of Excellence  
Volume 06

## Dear Meds Nexus Family

Departmental Activities | Faculty Achievements | Staff Achievements | Birthday Wishes

### Meds Nexus Newsletter | 6th Edition 2025

This month, the **Meds Nexus** team explored the scenic **Northern Areas of Pakistan**, visiting historic valleys like **Hunza** and **Nagar**, crossing the iconic Attabad Lake, and passing through Babusar Top. The journey was filled with breathtaking views, cultural landmarks like Altit-Baltit Fort, and thrilling moments from tunnel crossings to suspension bridges. Despite a few adventurous hiccups, the trip offered lasting memories, team bonding, and laughter.





## What's in Store This Month?

- **Employee Spotlights** – Player of the Month
- **Star Performer Recognition** – Recognizing exceptional dedication
- **Team of the Month** – Celebrating teamwork and excellence
- **Best Performance During Probation** – Rising stars making an impact
- **Photo of the Month** – Capturing moments that matter
- **Birthday Celebrations** – Wishing our colleagues a fantastic year ahead
- **Exclusive Interview** – Insights from our special guest
- **Fun Corner** – Laughter, games, and entertainment

## Together, We Shine Brighter!

Your dedication and passion make **Meds Nexus** exceptional. Let's continue to innovate, celebrate achievements, and inspire one another every step of the way. With teamwork and determination, there's no limit to what we can accomplish!

**Stay connected, stay motivated, and let's create something remarkable together!**



### Player of the Month

**Congratulations to Ms. Sundas Shahzadi, VOB team, OPS-6**

We are pleased to recognize Ms. Sundas Shehzadi from the VOB Team, OPS-6, as our Player of the Month. Your exceptional dedication, consistent performance, and positive attitude have truly distinguished you. Keep up the outstanding work, your efforts make a valuable difference!



### Player of the Month

**Mr. M. Shahbaz, Android Developer, Mesh Square**

Congratulations to Mr. M. Shahbaz for being recognized as the Player of the Month at Mesh Square. His consistent dedication, innovative mindset, and exceptional contributions as an Android Developer have truly stood out. Your hard work is making a real difference. keep shining!

### Star Performer of the Month

**Well Deserved! Mr. M. Rahim**

Congratulations to Mr. M. Rahim from OPS-1, Meds Nexus, for being named our Star Performer of the Month. Your strong work ethic, unwavering commitment, and team-oriented approach have truly made a remarkable impact. As a dependable team player, your efforts continue to significant contribution to our collective success. Keep up the great work!





## Star Performer of the Month

Mr. Ahmed Faraz , WordPress Developer, **Mesh Square**

Congratulations to Mr. Ahmed Faraz for being named the Star Performer of the Month at Mesh Square. His exceptional skills as a WordPress Developer, along with his consistent dedication and problem-solving approach, have made a significant impact on the team's success. Keep up the fantastic work, you're truly setting a great example!



## Team of the Month – Congratulations to the OPS 4 Team! Led by Ms. Erum Safeer – Meds Nexus

We are proud to recognize the **OPS 4 Team**, under the leadership of **Ms. Erum Safeer**, as our Team of the Month. Your dedication, teamwork, and consistent performance have truly set a high standard. The synergy and commitment within your team reflect strong leadership and a shared drive for excellence. Keep up the exceptional work, your efforts are truly appreciated!



## Photo of the Month

Capturing joy, connection, and team spirit. Stay tuned for this month's visual highlight!

Do you have a fun picture from your **weekend activities**, a recent adventure, or maybe a cute snapshot with your furry friend? We'd love to see it! Share your photo with us, and you might be featured in our upcoming newsletter as part of our **"Photo of the Month"** section.

But wait, there's more! **The most unique photo will win a special reward of PKR 2,000!**

It's a great way to showcase the moments that make you smile and to share a bit of your life with the team.

Submit your photos to the HR Department for our next month's newsletter and let's make it even more vibrant and fun together!





# Hunza Trip ... Exploring History & Beauty

Date: 18th – 23rd June 2025

Trips to Pakistan's Northern Areas are always exhilarating and educational, and ours combined breathtaking adventure with cultural discovery.

During this memorable journey, we are also sharing brief insights about each famous historical location we visited, so you know why these places are so important and iconic!

## Karakoram Highway (Besham | Dasu | Chilas | Hunza)

Known as the **"Eighth Wonder of the World"**, this highway took 20 years to build, from 1962 to 1979. It opened to public traffic in 1986 with heavy Chinese-Pakistani collaboration, tragically costing over 1,000 lives from landslides and falling rock.

It follows the route of the ancient Silk Road, once used by traders and explorers.



Rakaposhi View



K-K-H Chilas



Around Chilas, you can spot ancient rock carvings and Buddhist petroglyphs, dating from 5000 BCE to 1000 AD, which prove the region's ancient cultural and religious significance.

## Hunza Valley

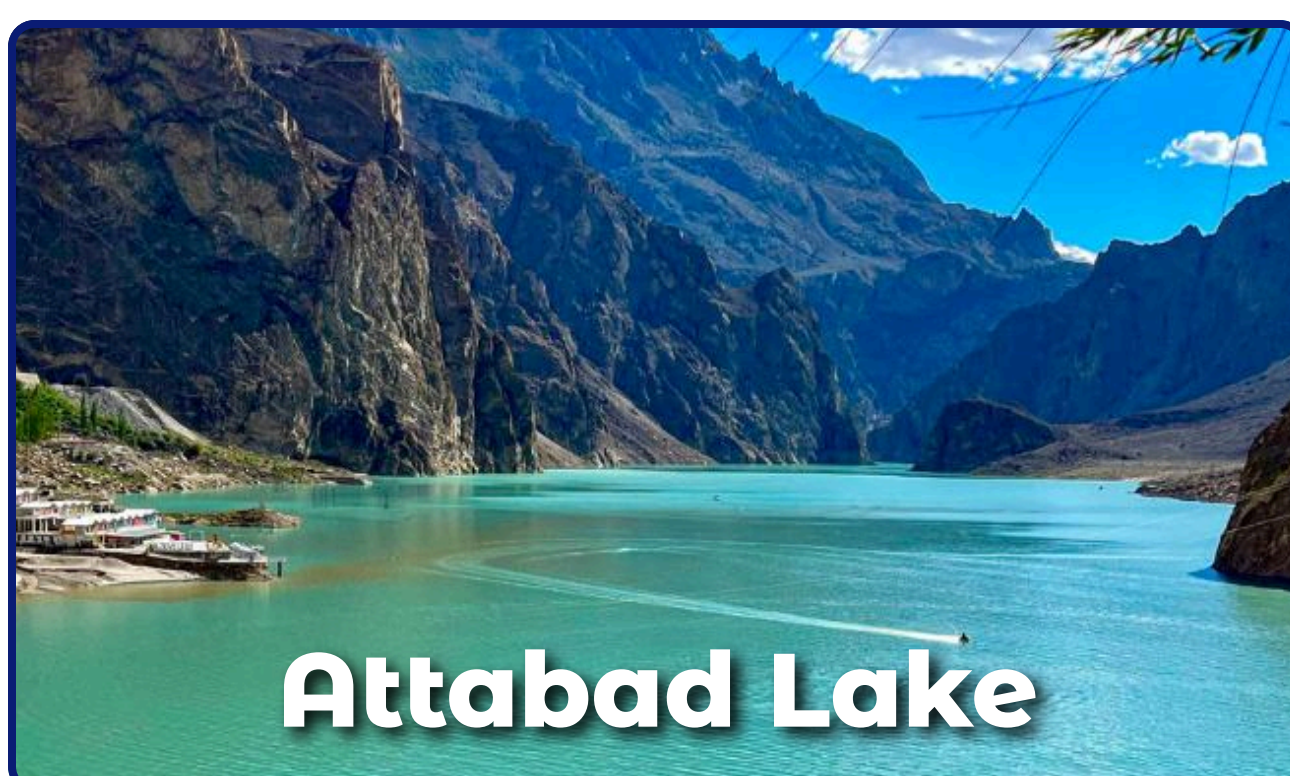
A former princely state until 1974, Hunza has always been culturally rich and strategically important. Surrounded by the Himalayas and Karakoram, Hunza has been influenced by Tibetan, Persian, and Central Asian civilizations. It's not only known for its beauty, but also the longevity and hospitality of its people.

## Hooper Valley, Nagar

Located across the river from Hunza, Hooper Valley offers stunning views of Rakaposhi, Pakistan's 12th-highest peak. Though not commercialized, its serene landscapes and cultural simplicity make it historically and environmentally significant.

## Attabad Lake & Friendship Tunnels

This turquoise lake was formed by a massive landslide in January 2010, which tragically buried villages and blocked the Hunza River. As a result, new infrastructure was needed. China and Pakistan built the Pak-China Friendship Tunnels—a series of five long tunnels that are a symbol of resilience, international cooperation, and infrastructure achievement.



Attabad Lake



PASSU CONES

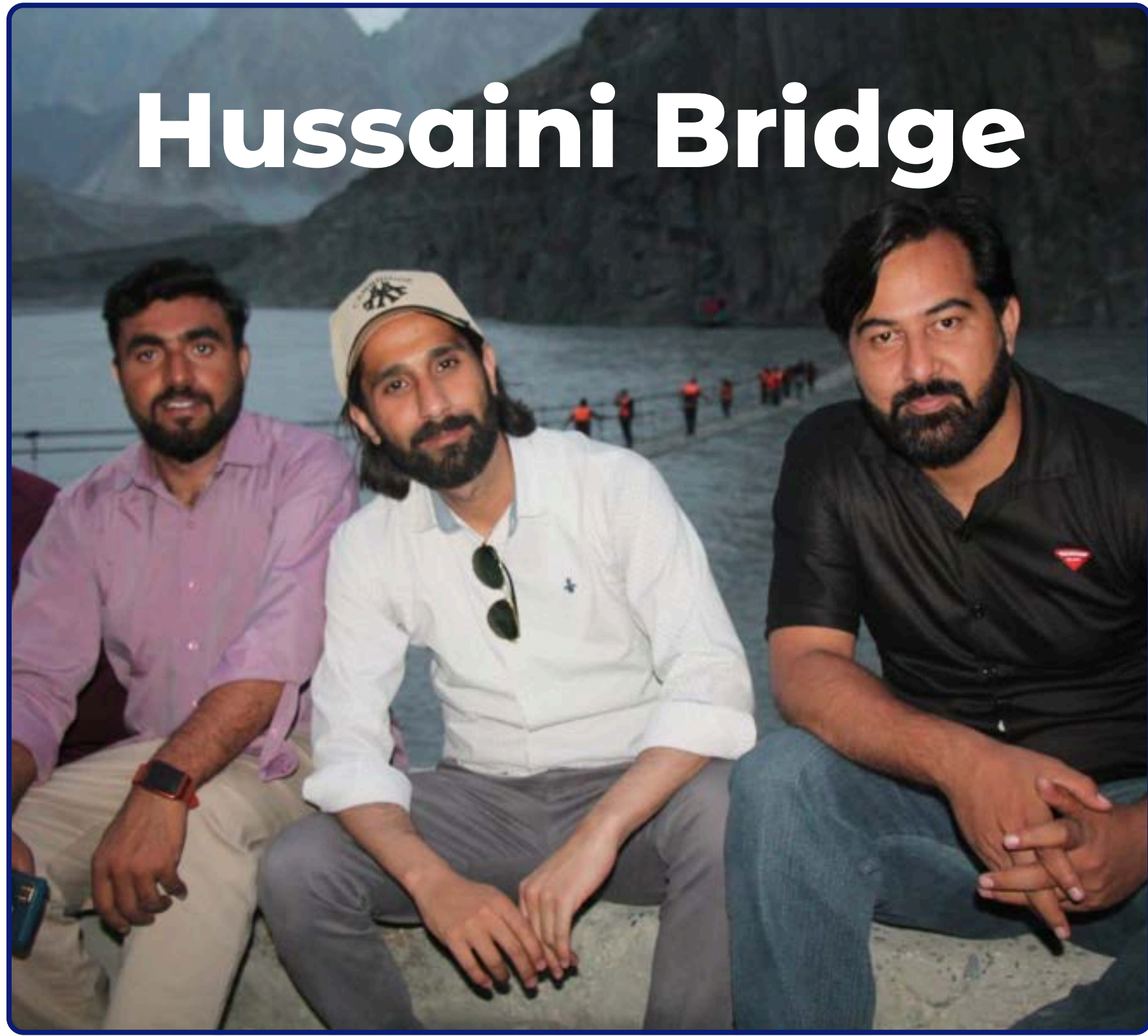
## Hussaini Suspension Bridge

Originally located in Shishkat, it was moved to Hussaini Village in 1967–68 by the order of Mir Muhammad Jamal Khan.

Spanning nearly 660 feet across the Borit River, it is built with wooden planks and wire cables.

Today, it's considered one of the most **dangerous suspension bridges in the world**, and crossing it is a thrilling, unforgettable experience!



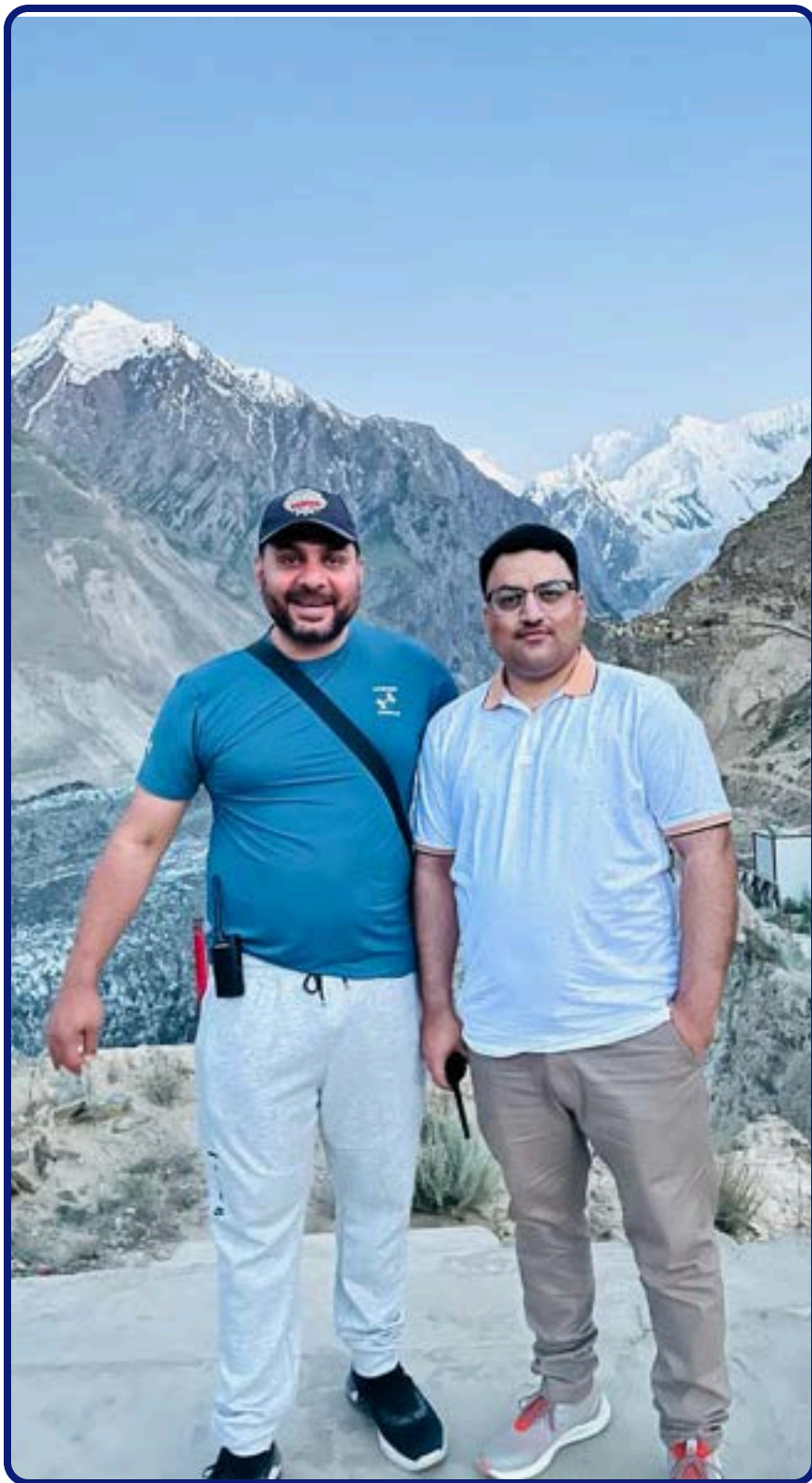


### Rainbow Bridge

Though not historical, this beautiful footbridge near Passu is decorated in vibrant colors and offers views of the river and mountain ranges. It reflects local creativity and is perfect for photos!

### Passu Cones (Passu Cathedral)

These iconic, jagged mountain peaks are part of the Karakoram Range. Their unique, pointed shapes have made them world-famous among hikers, climbers, and photographers. They symbolize the rugged beauty of Hunza and are visible from miles away.





Altit & Baltit Forts

**Altit Fort** is over 900 years old, the oldest surviving structure in Gilgit-Baltistan. It was home to the ruling Mirs of Hunza and offers breathtaking views of the valley.

**Baltit Fort**, about 700 years old, is built in a Tibetan-inspired style. After restoration by the Aga Khan Trust, it now serves as a museum and a reminder of Hunza’s royal past.

Lady Finger Peak (Bublimotin)

A slim, pointed peak beside the Ultar Sar range, it’s named for its shape, like a lady’s finger pointing at the sky. It’s not only a climbing challenge but also considered sacred in local folklore, often visible in clear skies above Hunza.

Babusar Pass & Naran-Kaghan Route

At 13,700 feet, Babusar Top connects Hunza to Naran-Kaghan through dramatic views and alpine valleys. Historically, this route served as a trade and migration passage between Kashmir, Gilgit, and beyond—used by merchants, travelers, and tribes over centuries. We’re deeply thankful to our management for planning this unforgettable and meaningful trip. We didn’t just enjoy nature—we learned, laughed, and built memories together.

Here’s to more adventures filled with culture, joy, and team spirit!



True Talent of Meds Nexus

Mr. M. Arshad – CRA CRM Department

Surprising everyone with his incredible energy and talent, Mr. M. Arshad from the CRM Department turned out to be the hidden star of our recent trip! With his lively dance moves and infectious enthusiasm, he truly lit up the event and brought smiles to all. Thank you for adding such joy and entertainment. Your talent is as remarkable as your team spirit!

Best Performance During Probation Period

Mr. Ihsan Ullah – OPS-1

Congratulations to Mr. Ihsan Ullah from OPS-1 for delivering an outstanding performance during his probation period. Your dedication, quick learning, and commitment to excellence have truly impressed us. Keep up the great work your journey is off to a strong start!



Best Performance During Probation Period

Mr. Faiq Zar – Front-End Developer, Mesh Square

We are proud to acknowledge Mr. Faiq Zar from Mesh Square for delivering outstanding performance during his probation period. As a Front-End Developer, his dedication, creativity, and strong technical skills have significantly contributed to the team's success. Keep up the great work, your potential is truly promising!



## Spotlighting Excellence: Rising Stars of the Month

These individuals have successfully completed their probationary period and are now ready to embark on the next phase of their journey with us. Their energy, passion, and unique talents contribute to the growth and success of our organization. Let's celebrate their achievements!

A huge congratulations to all! Your dedication, discipline, and hard work have set the tone for success, and we look forward to your continued contributions to the Meds Nexus team.

Mr. Ihsan ULLAH  
Billing Intern



Mr. Intesar Gilani  
Sr. A/R Specialist



Mr. Syed Saad Zulfikar  
Billing Intern



## Best Attendance of May staff members

Congratulations to each team member for their outstanding attendance! Your dedication and commitment are truly commendable. Well done to:

### From the Operations Department

Mr. Shuja Ahmed, Mr. Yaseen Shafiq, Mr. Nouman Ijaz, Mr. M. Shoaib, Ms. Sehrish Bibi, Mr. M. Shahzaib, Mr. M. Rahim, Ms. Zahra Batool, Ms. Kinza Siddique, Ms. Erum Safeer, Ms. Amrat Saba, Mr. M. Aaqib Akram, Mr. M. Zeeshan Khan, Mr. Shiekh Haseeb, Mr. Syed Aqeel Saqlain Bukhari, Ms. Habiba Imtiaz, Mr. M. Awais, Ms. Madiha Rehman, Ms. Kanwal Ijaz, Ms. Maquddas Saddique, Ms. Seemab Manzoor, Ms. Tayyaba Zahra, Ms. Monica Moras, Mr. Israr Ishaq, Mr. Toheed Khan, Ms. Sundas Afsar, Ms. Zoya Irshad, Ms. Awaisra Ghafoor, Mr. Kashif Aziz, Ms. Mahnoor Aslam, Mr. Sohail Khan, Mr. M. Hammad, Mr. Sami Ahmed, Mr. Sayab Ahmed Malik, Mr. Malik Sulyman Ahmad Khan, Ms. Mehreen Nasir, Ms. Syeda Zile Huda, Ms. Asma Latif.

### From the IT & Marketing Department

Mr. Amir Arshad, Mr. Zahid Ullah, Mr. Saddam Hussain, Mr. Tayyab Aqeel

### From HR & Admin Department

Mr. Shah Khalid, Mr. Abdul Basit

Your presence and punctuality play a vital role in our success. Keep it up!

# Warm Birthday Wishes for June

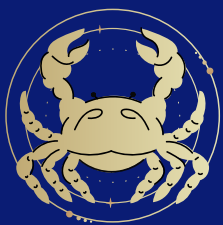
Meds Nexus Employees!

We extend our warmest birthday wishes to the following team members celebrating in June 🎉











### This Month zodiac signs



Gemini | & | Cancer



Happy Birthday!

	Sayab Ahmed Malik	06 - June
	Kalim Hussain	10 - June
	Muhammad Zeeshan Khan	10 - June
	Muhammad Ibtsam Saleem	11 - June
	M Afzal Shah	15 - June
	Aamir Siddiq	15 - June
	Sehar Liaqat	25 - June
	Shiekh Haseeb	28 - June
	Asad Shabbir	28 - June
	Adeel Ahmed Qureshi	30 - June







## Special Guest

### Mr. Adeel Ahmed Qureshi

Senior iOS Developer at **Mesh Sq**

I'm Adeel Ahmed Qureshi, currently working as a Senior iOS Developer.

I completed my **BSCS (Bachelor of Science in Computer Science)** from the **Arid Agriculture University in 2018**, which laid the academic foundation for my professional journey.

## How It All Started

My tech career officially began at Creatrix, located in Bahria Phase 4, where I spent 2 years learning the ropes of mobile development. This experience was pivotal in shaping my skills and giving me real-world exposure.

After that, I joined the National Information Technology Board (NITB), where I had the opportunity to work on several impactful government projects. A few notable ones include:

- **Pass Track:** An app launched during the COVID-19 pandemic to help the government track incoming passengers and manage quarantine protocols effectively.
- **City Islamabad App:** A widely used app across Pakistan that allows users to perform everyday government-related tasks like paying vehicle token tax with just a few taps from home.

I also contributed to more than 20 live applications, and this phase truly helped me understand large-scale app development and the responsibility of building for public use.

## Moving Forward with Mesh Sq

Over the past two years, I've been working with Mesh Sq, where my journey has been very fulfilling. I've had the chance to grow alongside some amazing people while contributing to meaningful projects in the healthcare domain. It's been an incredible experience working with a supportive and talented team. Having Arshad Sarfaraz as my manager has been a privilege—his leadership and vision consistently brought out the best in us. M. Hanif, my team lead, has been a constant source of guidance and technical expertise. All my team members have been equally amazing and cooperative, creating a positive and collaborative work environment that made each project a rewarding experience.

## Suggestions for the Mesh Sq Team

Working with Mesh Sq has been a great experience. I truly admire the dedication and collaborative spirit of the team. My suggestion to everyone, whether you're a developer, designer, marketer, or in any other role, is to keep learning and stay adaptable. The tech industry evolves quickly, and growth comes from staying curious and embracing new challenges.

Also, always support one another. Great products are never built in isolation; they thrive on teamwork, communication, and shared goals.

## A Quote I Live By:

**"Don't watch the clock; do what it does. Keep going."** Sam Levenson

No matter how fast the world moves, keep showing up, keep building, and success will follow.

“

## Quote of the Month

**When ‘I’ is replaced with ‘We’, even the illness becomes wellness.**

Malcolm X, civil rights icon

”





# 4TH July

Independence Day

## From the HR department

At Meds Nexus, we value integrity, loyalty, and a positive work culture. We sincerely encourage all team members to remain committed to their responsibilities and stay loyal to the company.

Please refrain from any actions that could lead to regret or reputational damage. Avoid shortcuts or dishonest practices; Hera Pheri only brings temporary gain and long-term loss.

Practice patience and self-control. Do not make hasty decisions or act under emotional pressure. Emotional blackmail, negativity, or impulsiveness have no place in a professional environment.

**Let's all focus on building a workplace where honesty, respect, and positivity thrive.**

**Let's keep up the cooperation, professionalism, and positivity we're known for.**



THANK YOU

