

NEWSLETTER

December 2025 HIGHLIGHTS

Your Monthly Dose of Excellence
Volume 12

Dear Meds Nexus/Mesh Square Family

Departmental Activities | Faculty Achievements | Staff Achievements | Birthday Wishes

Welcome to Our 12th Edition!

This month, we proudly celebrate the accomplishments of our talented teams, recognize exceptional individual contributions, and highlight meaningful milestones across departments. Together, let's continue working with passion, professionalism, and purpose as one united Meds Nexus & Mesh SQ family.

Let's keep working hard, stay inspired, and grow stronger, together as one team.



What's Inside This Month

- **Employee Spotlights** – Player of the Month
- **Star Performer** – Recognizing Exceptional Dedication
- **Team of the Month** – Celebrating Teamwork and Excellence
- **Fun Corner -Staff engagement** – Photo of the Month or, Capturing Workplace Moments
- **Best Performance During Probation** – Rising Stars Making an Impact
- **Best Attendance** – Honoring Punctuality
- **Exclusive Interview** – Featuring Our Special Guest
- **Birthday Celebrations** – December 2025
- **HR Bulletin** – Official Updates & Message from HR



Player of the Month

Mr. Ashir Fareed, Senior A/R Specialist, Meds Nexus

This month, we celebrate Ashir Fareed for going above and beyond! His exceptional dedication, accuracy, and positive attitude have truly set him apart. Ashir's hard work not only drives results but also inspires the entire team to strive for excellence.

Keep shining, Ashir – your commitment and passion make Meds Nexus stronger every day!



Star Performer of the Month

Mr. Qalb e Haider, Sr. A/R Specialist, Meds Nexus

We are delighted to recognize Qalb e Haider as our Star Performer! His unwavering dedication, sharp focus, and consistent excellence have made a remarkable impact on the team's success. Qalb's proactive approach and commitment to delivering high-quality results set a benchmark for all of us.

Congratulations

Mr. Qalb, your outstanding performance is truly inspiring!



Team of the Month – Team Erum Safeer, Meds Nexus

Once again, Ms. Erum Safeer's team has been recognized as the Team of the Month! Their outstanding teamwork, dedication, and consistent excellence continue to set them apart. This achievement reflects their strong collaboration, commitment, and drive for remarkable results.

Congratulations

Mr. Qalb, your outstanding performance is truly inspiring!



Fun Corner

Staff Engagement

Activity: Share one unique or interesting thing about the colleague sitting next to you.

This fun activity encourages connection, positivity, and stronger workplace bonds. Participation details will be shared via email.



Photo of the Month

Capturing joy, connection, and team spirit!

Do you have a fun picture from your weekend activities, a recent adventure, or maybe a cute snapshot with your furry friend? We'd love to see it!

Share your photo with us and get a chance to be featured in our upcoming newsletter as part of our "Photo of the Month" section.

New Feature Added

Close Enough

We are excited to introduce a brand-new fun feature called "Close Enough." This segment highlights moments, photos, or situations that are almost perfect, capturing humor, creativity, and real-life workplace vibes. Sometimes, being close enough is what makes a moment memorable!

Rewards & Recognition:

- The most unique Photo of the Month will win a PKR 2,000 cash reward.
- Selected entries for the "Close Enough" feature will receive special appreciation mentions in the newsletter.

How to Participate:

Submit your photos to the HR Department for inclusion in next month's newsletter. Let's make our workplace culture more vibrant, engaging, and fun, one picture at a time!



Upcoming Event



Welcoming **2026**
With New Goals And
Continued **Excellence**

1st January 2026 – Happy New Year 2026

As we step into 2026, we look forward to new opportunities, fresh goals, and continued success. May the coming year bring growth, positivity, and achievements for both your professional and personal life.

Let's welcome the new year with renewed energy and optimism.

Special Note:

Farewell 2025, Welcome 2026!

As 2025 comes to a close, it's time to pause and reflect.

A small question for everyone:

What did you gain and what did you lose in 2025?

And now, are you ready for 2026? How will you approach it? You have two choices:

- Step into the new year positively and with purpose, or
- Let negativity hold you back.



Good Luck 2026

Meds Nexus prays for everyone's success and well-being. Let's stay positive, focused, and ready to achieve our new goals. Remember, people may always talk behind your back, but you have the power to rise above and keep moving forward.

Here's to a year full of opportunities, achievements, and positivity!

Rising Stars Making an Impact – Meds Nexus

The following team members have demonstrated excellent performance, learning agility, and commitment during their probation period



M. Osama Khan

Recruitment Officer



Maham Zaib

Credentialing Specialist



Chaudhry Talal Ahmed

A/R Specialist



Salman Bin Sher

Sales Associate

Your remarkable performance during the probation period reflects strong potential and a promising future ahead.

Spotlighting Excellence: Rising Stars of the Month (Mesh Sq)

We appreciate your enthusiasm, adaptability, and commitment to learning. Keep striving for excellence.



M. Noor

Social Media Marketer



Zaki Mutayyab

Content Writer

We appreciate your enthusiasm, adaptability, and commitment to learning. Keep striving for excellence.

Best Attendance – Honoring Punctuality (November 2025)

We proudly acknowledge the following employees for their outstanding attendance and punctuality, reflecting true professionalism and reliability.

Meds Nexus:

Mr. Shuja Ahmed, Mr. Nouman Ijaz, Mr. M. Shoaib, Mr. M. Shahzaib, Mr. M. Rahim, Ms. Kinza Siddique, Ms. Amrat Saba, Mr. Asad Shabbir, Ms. Kanwal Ijaz, Ms. Maquddas Saddique, Ms. Seemab Manzoor, Ms. Tayyaba Zahra, Mr. Israr Ishaq, Ms. Mahnoor Aslam, Mr. Sohail Khan, Mr. M. Hammad, Mr. Malik Sulyman Ahmad, Ms. Sania Sohbat, Ms. Mehreen Nasir, Ms. Syeda Zile Huda, Mr. Ihsan Ullah, Mr. Adeel Hassan, Ms. Aqsa Shahzadi, Mr. Humair hameed, Ms. Alishba Ajaz, Mr. Humaira Muneer

Mesh Square:

Mr. Abdul Haseeb, Mr. Abdul Rehman Qazi

From HR & Admin Department

Mr. Shah Khalid, Mr. Abdul Basit, Mr. Shafiq Ahmed Butt

Guest Spotlight

Arshad Sarfaraz – Head of Department, Mesh SQ

I am currently working as a Senior Marketing Manager at Meds Nexus, where my role goes beyond marketing strategy and brand growth. I actively manage and coordinate with multiple teams to ensure alignment between technical execution, and overall business objectives. This cross-functional collaboration helps us deliver consistent and high-quality outcomes across all projects.



Before joining Meds Nexus

I worked at Prosol Partner as a Marketing & Technical Engineer, which gave me strong exposure to both technical and marketing domains. Earlier, I served as a Resident Engineer at the Higher Education Commission, where I learned the importance of structured processes, discipline, and system-oriented work. These experiences have shaped my professional approach and leadership style.

At Meds Nexus

I closely manage and work with the Development team, Marketing team, Design team, Content Writing team, and SQA team. Each team plays a critical role, and I strongly believe that successful execution comes from collaboration, clear communication, and mutual respect. I truly appreciate the dedication and professionalism of all teams, as their efforts directly contribute to the company's growth and service excellence.

At Meshsq

I deeply appreciate the dedication, professionalism, and collaborative spirit of every team member. I am especially grateful for the guidance and support of Management, whose leadership inspires us to innovate and grow.

A NOTE TO OUR TEAMS:

Stay curious, proactive, and committed to learning. Share your ideas, embrace challenges, and step beyond your comfort zone. True growth comes from collaboration, consistency, and the courage to take initiative. Together, we can achieve both personal success and drive Meshsq forward.

ARSHAD SARFARAZ



Quote to Inspire Us:

“December reminds us that every effort counts. Thank you for your hard work throughout 2025 together, we are ready for a stronger year ahead.”



By living our code of conduct and upholding strong work ethics, we ensure Meds Nexus/Mesh Sq remains a respectful, efficient, and inspiring workplace for everyone. Together, let's lead by example, support one another, and continue building a culture of integrity, professionalism, and growth.

HAPPY BIRTHDAY TO YOU

December 2025 Birthday Stars at Meds Nexus/Mesh Sq!

This Month zodiac signs



Sagittarius | & | Capricorn



Happy Birthday!



Youhana Elyas

BDA
07 - Dec



Humair Hameed

A/R Specialist
08 - Dec



Aqib Aziz

A/R Associate
08 - Dec



Ehtisham Hafeez

Office Boy
16 - Dec



Syed Saad Zulfikar

Billing Associate
17 - Dec



Ashir Fareed

Sr. A/R Specialist
21 - Dec



Zahid Mehmood

Manager BD & CRM
21 - Dec



M. Musa

Assistant Manager Operations
22 - Dec



Maquddas Saddique

A/R Specialist
26 - Dec

Meshsq



Syed Abdullah Shah

Web Developer Intern
02 - Dec



Raja Irfan Khan

Android Developer
06 - Dec



Zahid Abbas

Seo Consultant
18 - Dec



Fahad Baqir

Graphic Designer
22 - Dec



Daniyal Ali

Content Writer
24 - Dec



M.Tayyab

Graphic Designer
30 - Dec



Farhan Atta

SEO Specialist
30 - Dec

May this year bring happiness, success, and continued growth!

HR Bulletin – Official Updates

New HRMS features will be launching soon.

- The HRMS will be more colorful, user-friendly, and will include role-based dashboards with visual graphs for better clarity and tracking.
- We are making continuous efforts to minimize paperwork. Updates regarding this improvement will be shared soon, as the process is currently in progress.

Employee Engagement Initiatives:

- Along with OJT/Induction sessions, we have started work ethics, focused training programs to promote discipline, professionalism, and a strong workplace culture across all teams.



Message from the HR Department

On behalf of the HR Department, we wish everyone a very Happy New Year! We hope this year brings growth, success, and new achievements for all of us, both professionally and personally.

As we move forward, we encourage everyone to practice patience, mutual respect, and teamwork, as these values play a vital role in maintaining a positive and professional work environment.

Let's make this year productive, disciplined, and rewarding together.

Health & Wellness Tips for Staff

As many of us follow a night-owl routine, staying awake late at night and resting during the day, it's especially important to take extra care of our health. Here are a few simple tips to help you stay active, refreshed, and healthy:

1. Drink plenty of water throughout the day to stay hydrated, especially during late working hours.
2. Start your day (or shift) with lukewarm water mixed with lemon to refresh your body and support digestion.
3. Maintain a consistent sleep schedule, even if you sleep during the day, to allow your body proper rest.
4. Eat light and balanced meals, and avoid excessive caffeine or junk food during late hours.
5. Take short breaks, stretch, and allow your eyes to rest to avoid fatigue.

By adopting these healthy habits, we can stay energized, focused, and productive, no matter what our work schedule looks like.

Let's continue to grow together with professionalism, empathy, and drive.

Be Honest. Be Patient. Be Positive. Stay Positive.

